



# THE LION'S EPISTLE

ISSUE 9, MARCH 2024 EDITION

## UPCOMING EVENTS

- Mark your calendars and keep track of these upcoming events!
- March 22nd - 3v3 Basketball
  - March 22nd - NHS Jeans Day
  - March 22nd - 4th Quarter Starts
  - March 25th - March 27th - Bearing Precious Seed
  - March 28th - April 2nd - Spring Break
  - March 29th - Good Friday
  - March 31st - Easter Sunday
  - April 1st - April Fools' Day
  - April 1st - Big Wheel
  - April 5th - Science Fair
  - April 6th - Rock Climbing Event

## STARTING SPRING SPORTS

By Hope Light

FCS is entering the spring season with three sports teams! Track, the longest-standing FCS spring sport, is beginning once again. As usual, it is open to girls and boys in both middle and high school. The track team had a very successful season last year—FCS can't wait to see what this year brings. Their first meet will be on April 6 at Quakertown. Let's cheer them on!

This will be the second consecutive year of Girls' Varsity Volleyball! Last year, Mrs. Thomas and some members of the Class of 2026 took the initiative to start this team. This year, Mrs. Whistler stepped up to coach! Twelve girls came out to play. It'll be a fun season!

For the first time in many years, there will be a middle school volleyball team! An impressive total of twenty-six middle schoolers came out, and Coach Doug Malefyt will be leading the team. Both volleyball teams will be playing their first game on March 19 against Harmony. It's a home game—all FCS families are encouraged to attend! Be sure to support these teams this season!



## FROSTED COFFEE RECIPE

Compiled by Gloria James

### Ingredients

- 2 Tablespoons hot water
- 2 Tablespoons sugar
- 2 Tablespoons instant coffee powder (of your choice)
- Milk, to serve
- Ice, to serve

### Preparation

- Add hot water, sugar, and instant coffee to a bowl
- Either hand whisk or use an electric mixer until the mixture is fluffy and light
  - To serve, spoon a dollop of the drink over a cup of milk with ice in it and stir.



WE ARE GRATEFUL FOR THIS ISSUE'S SPONSOR: THE SPINKS FAMILY



## THIS ISSUE

- Easter Through the Ages
- Saints and Shamrocks
- Commemorating the Cross
- Equations Everywhere
- Starting Spring Sports
- Leaps and Bounds

## EASTER THROUGH THE AGES

By Gwen Fossa

Easter is just around the corner, landing on March 31 this year. This important celebration for Christians everywhere marks the day that Jesus rose from the dead on the third day after he was crucified and defeated death once and for all! Easter is a beautiful holiday for us to remember the sacrifice Jesus made for us when he died on the cross to save us from our sins.

While the exact day of Jesus's crucifixion is not exactly known, it has been estimated to be on April 3rd, 33 AD. However, this date is still much debated. Regardless, the day we celebrate Easter is purposefully centered around the Jewish holiday, Passover. This festival celebrates the Israelites' deliverance from slavery in Egypt. We know that Jesus died on Passover. He celebrated a Passover seder with his apostles before his death, which is commonly known as the Last Supper. The Last Supper is also where we get the sacrament of communion.

Some popular Easter traditions include decorating and hiding eggs to be found, and a popular caricature is the Easter bunny. These traditions are dated to the 13th century and are believed to have been brought to Pennsylvania by German immigrants. These symbols quickly spread across America and became part of the widespread Easter tradition. However, there is speculation that these traditions may have roots even farther back to the pagan celebration of the Spring equinox, known as Eostre, which was celebrated in Germany.

While these traditions didn't have much to do with Christianity originally, they are now known as meaningful symbols for all. Today, the Easter bunny and dyed eggs are representative of rebirth and newness, just as we are reborn in Jesus.

While it is easy to get caught up with holiday break celebrations, Jesus is the real reason to celebrate Easter. During this Easter holiday and break, make an effort to keep at the forefront of your mind God's truth and what Jesus has done for us. Remember God's love with everything you do and make an effort to spread it this holiday break.



## SAINTS AND SHAMROCKS

By Stephen Williams

When you think of St. Patrick's Day, what do you tend to think of? Do you think of rainbows? Pots of gold? Leprechauns? Lucky Charms? All these things can remind you of the glamorous green holiday that we all know and love, but these things aren't even remotely related to the real reason why we celebrate St. Patrick's Day. It all starts with a man named Saint Patrick, born in Roman Britain in the late 4th century. At the age of 16, he was kidnapped and taken to Ireland as a slave. During that time, he converted to Christianity and prayed for peace, protection, and strength to help him overcome his hardship. After 6 years of slavery, he was able to return to his hometown. It is said that an angel in a dream then commanded him to return to Ireland to teach Christianity. He left his hometown, and when he went back to Ireland, he established monasteries, churches, and schools all over the country. He spread Christianity everywhere he went and changed many people's lives. He also has some interesting legends surrounding his life, such as the time he drove out snakes from Ireland and how he used the shamrock to explain the Trinity. After his death on March 17, 461, his story and legend remained a piece of history forever. Even today, we still celebrate this major holiday. Sadly, many countries, including our own, have made the famous day a secular holiday. They celebrate this day by holding parades, eating delectable Irish foods, and dressing up in all green. (Interestingly enough, the original color of St. Patrick's Day was blue, but it changed over the years). Even though all these amazing things are done to honor and remember the great St. Patrick, we should remember the real reason why it is a holiday. When St. Patrick's Day is here, take some time to recognize and honor the man who bravely spread Christianity all across Ireland and followed God's command to help others grow closer and hear the Gospel of Jesus.



## COMMEMORATING THE CROSS

By Joseph Vitti

On March 29th, 2024, Faith Christian School and fellow Christians around the world will observe Good Friday! Good Friday is a holiday for commemorating the crucifixion of Jesus Christ before Easter. Jesus Christ died on the cross to save us from our sins and give us eternal grace. The LORD sacrificed his Son because he loves us so much. For what Jesus has done for us, we should definitely have this holiday to remember the ultimate sacrifice and the gift of freedom we have been given. Most people know the holiday as Good Friday but what are some other names for it? There are a handful of names such as Holy Friday, Great Friday, and Black Friday. Good Friday is on the Friday three days before Resurrection Sunday, or Easter. This can be used to see the importance of Good Friday, the days in between, and Easter Sunday, as they represent the crucifixion, three days, and resurrection of Jesus Christ. We know what Good Friday is about, but when and where did it originally start to be observed? The celebration of Good Friday dates all the way back to the 4th century. This holiday was used to denote the self-punishment and fasting on the anniversary of Christ's death. The name Good Friday actually originates from "God's Friday," although the reason for the name it was given is still not known for sure. This holiday is very important to believers, so please join Faith Christian School and Christians worldwide in commemorating the crucifixion of Christ and the blessing he has given us this Good Friday, March 29th. God Bless!



## WORD SEARCH

G	S	E	C	V	A	W	V	E	T	I	N	I
J	A	V	E	L	I	N	D	E	O	T	H	R
C	O	S	C	G	L	E	D	M	U	O	T	I
E	A	C	H	E	G	V	S	E	R	P	E	S
Q	Y	C	A	M	T	S	D	U	N	C	O	H
U	F	E	T	S	L	A	C	D	A	Y	K	I
A	T	M	O	H	V	Y	R	C	M	R	Y	P
T	A	I	P	A	S	S	O	V	E	R	N	T
I	S	A	L	M	E	M	S	P	N	Z	Q	X
O	X	V	B	R	H	R	S	I	T	E	A	M
N	F	E	C	O	F	F	E	E	I	J	F	R
D	G	R	V	C	J	R	I	C	D	H	I	C
Y	R	H	J	K	B	G	R	E	E	N	T	P

- |          |            |       |
|----------|------------|-------|
| Passover | Irish      | Eggs  |
| Shamrock | Coffee     | Team  |
| Javelin  | Tournament | Green |
| Cross    | Equation   | Serve |





## LEAPS AND BOUNDS

By Connor Roddy

The basketball season has concluded for the boys' varsity and middle school teams, with boys' varsity having moved on to compete in the end of season tournament! The FCS boys' varsity basketball team beat Harmony in a play-in game to earn their spot in a tournament where they would compete against three other teams - American, Trinity, and Veritas. First, they played against Veritas and later Trinity, with whom they had an extremely close match. The teams went head-to-head throughout almost the whole game, with only a one-to-two point difference during the 2nd and 3rd quarters! Although they were unable to grab the win, they gave it their all and proved to be tough opponents on the court. With the team improving with all the effort they give, they have sent off their proud seniors and gotten younger varsity players even more prepared for the next season. However, the varsity team is not the only one that's been working steadily to become an even stronger troupe of players.

The boys' and girls' middle school basketball teams have been working hard throughout their season and have played harder and stronger in the last few games since the previous edition. The girls' team played two home games, each against Trinity and Arrow, and one home game against Nutley. The girls' middle school basketball team has been playing well, improving by leaps and bounds. Their communication has also developed tremendously, and each player has worked throughout the season to flourish in their individual skills. The Lion's Epistle asked team captain Jayla Lane to give some words of advice for her team. She responded, "In order to improve the team as a whole, you need to improve your skill individually. Bad games are going to happen; all you can do is learn from them." Similarly, Michael Ortiz, the boys' team captain, was asked for words of advice, to which he responded, "Never give up, even though it seems like you make no progress, because in the end you will do something well... and also don't argue." However, the boys' team, just like the girls', has made vast amounts of progress, playing two home games against Burgen and Harmony. Harmony's game saw an exciting victory for the FCS boys, and they soon had a play-in game against Trinity. While they unfortunately lost, it was a very close game and the boys played hard against their opponents. Overall, each of FCS's teams is improving gradually, day by day, which only makes people more excited for the coming season!



## EQUATIONS EVERYWHERE

By Michelle Ortiz

March 14th marks a day usually labeled as Pi Day, a day often celebrated as a dedication to math. Yet, many students see math as the last thing they would want to celebrate! Have you ever had to solve a math problem asking you to apply math to a "real world" situation, only to be hit with the most out-there example someone could think of? Of the five core subjects, math is the one students tend to dread the most, yet math is a key subject in any student's education. No matter what someone chooses to do in life, there will always be some element of math. Most students think of math as something that's useless in the long run, however, that could not be further from the truth.

Let's start with something everyone will have to do eventually: budgeting. Not only budgeting, but finances in general will be part of everyone's life. Putting a proper budget in place can be helpful in the long run. Even aside from finances, a math equation is sure to be thrown at you at some point—perhaps while buying something, no matter how small. Proper scheduling also requires some understanding of math. Time management will slowly become an increasingly important part of your life as you grow older. Aside from using math in your normal everyday life, it may be in your job.

Of course jobs like a cashier would deal with math, however, even the most seemingly unrelated of jobs have elements of math in them. Have you ever thought of becoming a computer scientist, or getting into software and engineering? Math is a key part of those jobs as well! Algebra is used heavily in computer science for programming and such. Having an understanding for differential equations and fourier analysis is fundamental to engineering. Many trade workers also need an understanding of math, from plumbers making proper measurements, to electricians measuring voltages, to architects using geometry, and so on.

Although you might not have to use rocket science or calculate linear acceleration in your job as a librarian, math will still find a way to creep into your life.

## WOMEN'S HISTORY

By Megan Erwin

Every year, the U.S. recognizes the month of March as Women's History Month. This serves as a celebration of the vital and often unseen roles women have played throughout history, giving all Americans the chance to recognize, honor, and appreciate them and their accomplishments. Each year, the National Women's History Alliance chooses a specific theme to focus on for the month. The chosen theme of 2024 is "Women Who Advocate for Equity, Diversity, and Inclusion." This topic honors women who have fought for equal rights for all throughout history. In the words of Maria Rachel Melchor, "It serves as a tribute to the trail-blazers who held steadfast in their belief in a future free from bias and discrimination."

Women's History Month originated in Santa Rosa, California in 1978 as Women's History Week. During the following year, more towns and communities held their own celebrations during the week of March 8, which is International Women's Day. This continued until 1980, when many groups of women and historians petitioned for this to become a nation-wide occurrence; these groups were united under the National Women's History Project, which is now called the National Women's History Alliance. Jimmy Carter, the president at the time, became the first to make the week of March 8 "National Women's History Week." His Presidential proclamation that gave this week its official title included his thoughts on the subject:

"From the first settlers who came to our shores, from the first American Indian families who befriended them, men and women have worked together to build this nation. Too often the women were unsung and sometimes their contributions were unnoticed. But the achievements, leadership, courage, strength and love of the women who built America was as vital as that of the men whose names we know so well."

The presidents that succeeded him continued to proclaim one week in march as National Women's History Week until 1987. During this year, Congress passed Public Law 100-9, which officially made the month of March "Women's History Month." Each year since 1995, the president in office has continued to make a public proclamation that declares March as Women's History Month.

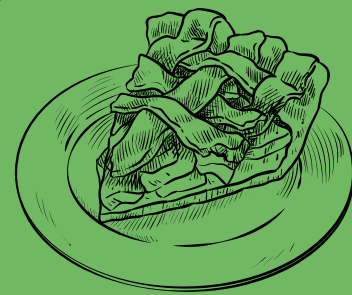
During this month, people in the U.S. have a chance to remember many women who fought for their own rights and attempted to ensure a brighter future for the women who would come after them. Some of these historic figures include Abigail Adams, who urged her husband and the other founding fathers to "remember the ladies," Elizabeth Cady Stanton and Lucretia Mott, who organized the Seneca Falls Convention, and Elizabeth Blackwell, the first woman to graduate medical school. Others include Sojourner Truth, whose speech entitled "Ain't I a Woman?" challenged inequalities and injustices in both race and gender, Susan B. Anthony, who founded the National Woman Suffrage Association alongside Elizabeth Cady Stanton, and Rosa Parks, a woman whose refusal to move from her seat for a white man assisted the start of the civil rights movement. There are countless other women whose actions have played undeniable and imperative roles in the history of the U.S. Without the courage of these heroes, women's rights would not be what they are today. A great deal of gratitude and recognition is due to all of those who have fought for equality in this country. Women have seen many notable victories throughout history, such as the ratification of the 19th amendment, which granted suffrage to women, and Title IX, which stated that "No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance." However, even with these victories, it is still very important to remember the hardships faced by women of the past, those still being faced today, and those that will continue to be dealt with in the future all around the world. During Women's History Month, men and women alike have the opportunity to acknowledge the women around them and those that have paved the way to where the country stands today. The role women have played was, is, and will continue to be irreplaceable and irrefutable.



## PIE IS GOOD (1ST PLACE ELEMENTARY POEM)

By Joseph Eberhardt

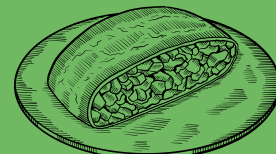
Pie is good for me to bring  
Pie is a very delicious thing  
Pie is very good while reading Ping  
Pie is good on Thanksgiving  
Pie is wonderful while living  
Pie is good at a basketball game  
Pie is good while having fame  
Pie is good while watching a movie  
Pie is good with a smoothie  
Pie is amazing when being cold  
Pie is good when you are old  
Pie is good when outside  
Pie is good when it's fried  
Pie is good when it's fresh  
Pie does not taste like mesh  
Pie is good with a drink  
Pie will make your diet sink  
Pie will really make you faint  
Pie is good when you paint  
Pie is good on special days  
Pie is good in sun rays  
Pie is good in the zoo  
Pie helps with the flu  
Pie is good when it's blue  
Pie is good with ice cream  
Pie makes me want to scream



## A PI POEM (1ST PLACE MS/HS POEM)

By Faith Light

3.14159  
Those are the first few digits of pi  
265358  
These digits make me want to celebrate  
97932  
Pi day is fun for me and you  
3846264  
Let's celebrate Pi Day more and more



## COME ON DOWN & GET SOME PIE (2ND PLACE MS/HS)

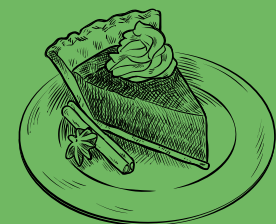
By Brielle Cecchini

Sweet or sour, strong or weak, I find a pie that you can keep.  
Apple, blueberry, or maybe peach, how 'bout have it on the beach?  
Come on down, get some pie, do not worry or be shy. It can't mold or get cold, come on down and get some Pie!

## 3.1 FOR PIE (3RD PLACE MS/HS)

By Matteo Hobson-Garcia

I have tried *three* times  
At this *point*, it's taking too long  
I am *one* for pi and pie  
*Four* pi and pie I am  
I've never gotten it *one* time  
I am now on my *fifth* attempt  
*Nine* days I've tried  
*Two* get it right  
But this number is *six* times too long  
I'll never get it right



Faith Christian School  
**FAITH & FRIENDS**  
**COMMUNITY FAIR**

Faith Christian would like to invite friends, family and the community to come enjoy a fun filled day of food, games and fellowship.

**MAY 18th** 12:00 – 6:00  
Roseto Ball Park  
332 Falcone Ave | Roseto, PA 18013

Please RSVP at [www.fcslions.org/fcs-family-fair](http://www.fcslions.org/fcs-family-fair). Registration is appreciated, but not required. For more information contact us at [events@fcslions.org](mailto:events@fcslions.org).



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